

SECRET TEST QUESTIONS (For Test #1)

Congratulations!!!! You Have Discovered The Secret Test Questions For TEST #1

Please Ask Ms. Salter or Mr. Malik If You Have Any Questions About The Upcoming Test. GOOD LUCK!

1. Please list **YOUR P.E.** student number. This is the number you use to locate your grade in P.E. class.
2. **The bone** that is located on **your hip is called?** This is the bone that is located where the step counter is placed.
 - (A) **Illy Crest Bone**
 - (B) **Iliac Crest Bone**
 - (C) **The Crest Bone**
 - (D) **The Crest Iliac Bone**
3. **How many step calories** have you **personally burned** in pe class? The answer is located on the step counter sheet in pe class.
4. When standing up & **MOVING** your heel **TOWARD** your gluteus maximus, **WHAT** muscle are **YOU USING?**
 - (A) **Your Biceps Femoris**
 - (B) **Your Gluteus Maximus**
 - (C) **Your Vastus Medallis**
 - (D) **Your Anterior Tibialis**
5. The **NUMBER** of yards for our timed run is _____ .
6. **List [3]** ways you can earn **extra credit in pe class.**